

YOUTH AT RISK



MAP S.T.A.R.S. SPECIAL YOUTH-AT-RISK PROGRAM

MAP S.T.A.R.S. – Martial Arts For Peace Safe Training Awareness Response System

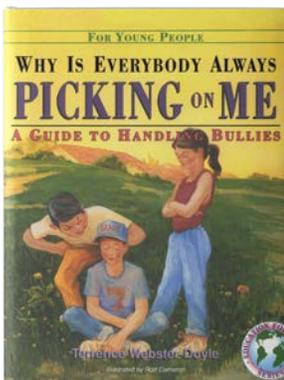
(As compared to Dangerous Training Conditioned Reaction System)

Learn more at www.atriumsoc.org/map/introduction.php

A Special Youth-At-Risk Program To Help Young People Understand And Cope with Bullying

There is a critical need for youth living in residential care to learn how to solve conflict peacefully. These young people are surrounded by conflict in their home, school, peer group and surrounding communities. Due to disadvantaged life circumstances, youth living in residential care are at an increased risk of becoming either the bully or the victim. Although conflict education is a needed resource for this population, the MAP STARS program was launched during a time when both the media and police reported an increase in youth becoming involved in, and victimized, by swarmings in their communities. The main goal of the project was to educate and prevent crime related incidents including, assaults, uttering threats, property damage, substance use/abuse, as well as decrease the number of calls placed to the Halifax Regional Police (HRP). In 2003, the Reigh Allen Centre placed 257 calls to the HRP for many of the above-mentioned crime related incidents.

To learn more about the program, visit www.atriumsoc.org/programs-model-halifax.php.



RECIPIENT OF
THE SILVER
BENJAMIN
FRANKLIN
AWARD

NAMED ONE OF THE 10
BEST BOOKS BY THE
OMEGA NEW AGE
DIRECTORY

Why Is Everybody Always Picking on Me?

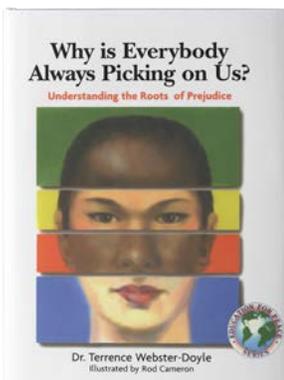
A GUIDE TO HANDLING BULLIES

Lively color illustrations, exciting stories, and practical tips and role-playing exercises help give children the tools to avoid being victimized.

- Cope with the “Schoolyard Bully”!
- Stop bullies by using the “School of No Sword”!
- Gain the confidence to win without fighting!

This book is also for adults searching for constructive ways to help young people peacefully confront hostile aggression. Illustrated by award-winning artist, Rod Cameron.

“Webster-Doyle’s insight is that by recognizing, understanding, and accepting our violent tendencies, we can avoid acting them out. These new books are good for teachers and parents of school children who need appropriate language and activities to help children deal with their feelings and the violence-provoking parts of their environment. To this reviewer, they are realistic and practical.” - **YOUNG CHILDREN, Magazine of the National Association for the Education of Young Children**



Why Is Everybody Always Picking on Us?

UNDERSTANDING THE ROOTS OF PREJUDICE

The first book of its kind to explore the roots of prejudice. For young people ages 8-14 who are interested in understanding how prejudice is created, through conditioned thinking. This book offers:

- Insights into what motivates prejudice
- Insights to understand prejudice and its consequences
- Ways to help young people free themselves of prejudice

This book is also for adults to help young people see how conditioning and prejudice affect us all. Illustrated by Award-winning artist, Rod Cameron.

“This book, ‘Why is Everybody Always Picking on Us?’ explores the roots of prejudice. I don’t think I’ve seen another book like it. This book looks at stereotypes, bigotry, discrimination, scapegoating, racism, and more. How wonderful if this book could be used in one’s social studies classroom!”

- **American Pride Through Education**

Curriculum

MAP S.T.A.R.S. Safe Training Awareness Response System

A Special Youth-At-Risk Curriculum To Help Young People Understand And Cope with Bullying

Respect: The Act of Being Kind to Myself

A special curriculum to help young people understand the inner bully.

Respect: The Martial Arts Code of Conduct

A special master curriculum to help young people to treat others respectfully.

Defeat the Bully Without Fighting

By developing self-confidence through the Martial Arts. A special curriculum for Martial Arts instructors to help young people cope with bullying.

The Halifax Project

Increase youth at risks understanding and awareness of the roots of conflict, bullying behavior and prejudice. During program implementation youth reported a 95% level of comprehension of the material presented.

"Hi Dr. Webster-Doyle, I just want to let you know that we recently wrote and acquired a new grant utilizing the Martial Arts for Peace curriculum. As you know our youth at risk 10-week summer program was a huge hit. The nicest part of this most recent grant is that it is for 2 years. This will give us more time to collect data and evaluate the long-term benefits of violence prevention and anger management in emotionally handicapped and severely emotionally disturbed youth utilizing a combination of the MAP program and cognitive behavioral therapy. We are so excited! We would like to thank you again for the role you have played in the development of this innovative new program."

– Joanne Correia-Kent and Donna Lavalley Program Coordinators Smith Community Mental Health Center, Sunrise, Florida

Visit the Smith Community Mental Health Center Online at www.smithcmh.com.